



Sledding? Danger – Thin Ice

Never sled or walk, on or near a frozen pond, stream or lake!

If someone falls through ice:

1. Call 911
2. Resist the urge to go onto the ice to help – this could result in two victims falling through.
3. If no help is immediately available, use:

Non-Contact Water/Ice Rescue!



Keep pets off the ICE!



If a pet falls through, call 911.
Use shore rescue only.
Do not go on ice.



PREACH - Yell to the victim. Encourage them to try to stay afloat and that ensure them that help is on the way.



REACH - Try to reach the victim without getting onto the ice. Extend an object such as a ladder, pole, branches, etc. to the victim. If the person starts to pull you in, let go of the object and start over.



THROW - Throw one end of a rope, garden hose, or jumper cables to pull the victim out. Have them try to tie it around themselves before they are too weak from the cold to hold it.



ROW - Find a light boat to push across the ice ahead of you. Push it to the edge of the hole, get into the boat and pull the victim in over the bow. If possible attach some rope to the boat, so others can help pull you and the victim to safety.



GO - A non-professional should NEVER go on to the ice to rescue unless all basic rescue techniques have been ruled out. If you must approach the victim do not walk upright. Lay down or slide up to the edge. Combine with reaching and extending an object so the victim can grasp. If they start to pull you in, let go and start over.

Remember, if the situation is too dangerous for you to rescue, call 911 for help, keep reassuring the victim that help is on the way and urge them to fight to survive.

Non-Contact Water/Ice Rescue



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