

Brain Injury Awareness



Rear-Facing in Car Seat Longer

Protect your Child's Brain

NATIONAL TELEHEALTH

323-491-6197



**CAR SEAT
CALL CENTER**

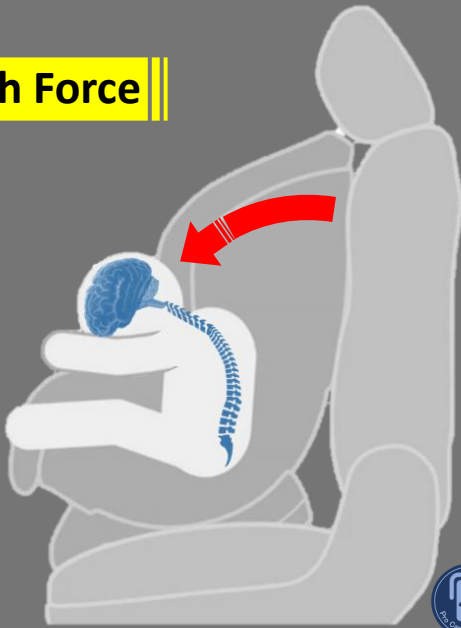


The American Academy of Pediatrics (AAP) recommends keeping your child in a rear-facing car seat as long as possible, until they reach the highest weight or height as printed on the side of your car seat. Most convertible car seats allow children to be rear-facing until they reach between 40 pounds, and some to 50 pounds. This can be between the ages of 3 to 5 years. Keeping your child rear-facing longer, protects your child's head (brain) and spinal cord, in the event of a car crash. Talk with a National Highway Traffic Safety Administration (NHTSA) Certified Technician, by calling the National Telehealth Car Seat Call Center for further information at 323-491-6197.



FORWARD-FACING

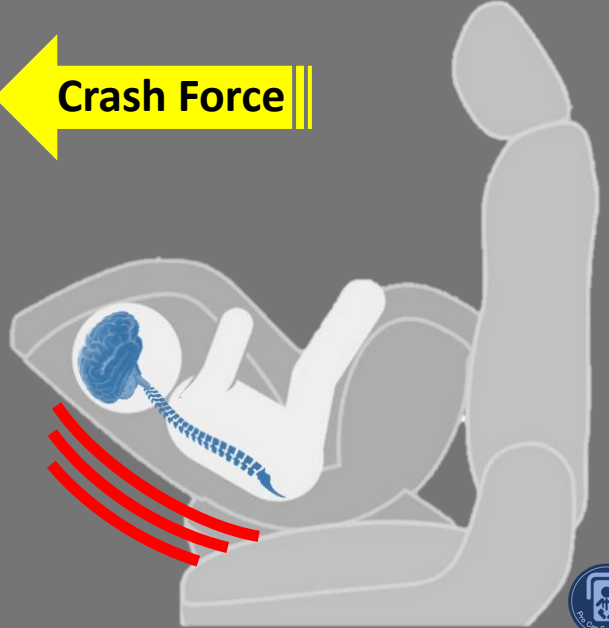
- ❖ No head (brain), neck, or spinal cord support
- ❖ Risk of brain and spinal cord injury



REAR-FACING (LONGER)



- ✓ Force is equally distributed
- ✓ Protects your child's head (brain), neck, and spinal cord



Brain Injury Awareness



Public Health
Behavior Solutions



**National CPS
Certification**

ProCarSeatSafety.com/RearFacingLonger.html